Family Medicine Development in Georgia

Irine Karosanidze Tamar Gabunia Georgia Family Medicine Association

Primary care reform in Georgia

- Family medicine is a relatively new development for Georgia that has been prioritised by the Georgian Government during the last decade.
- Interventions aimed at strengthening Primary Health Care Services in Georgia:
 - Training of physicians and nurses in family medicine
 - Improving PHC physical infrastructure
 - Developing clinical practice guidelines
 - Developing health management information systems
 - Elaborating new organisational and financing models aimed at encouraging cost-effective interventions and preventive practices

Key Players

- Ministry of Labor, Health and Social Affairs
- Major donors and International Agencies: World Bank, USAID, DFID (UK), European Commission, SIDA, UNDP, WHO
- Professional Associations & Groups
- Universities
- Insurance companies
- Healthcare providers
- Non-governmental organizations
- Communities and patients

Key Achievements

- Several hundreds of primary care physicians and nurses were re-trained to enter family medicine.
- Health care facilities have been refurbished and equipped to support high quality service delivery and improve utilization and coverage.
- Functional Family Medicine Sites have been established in Tbilisi and Regions
 - Family Medicine service contracts with
 - State Health Insurance Agency
 - Private Insurance Companies

Key Achievements

- Focus on quality
 - 50+ Clinical Practice Guidelines Developed by Multidisciplinary teams
 - Performance evaluation of newly trained practitioners introduced
- Strengthening of Family Medicine Professional bodies:
 - GFMA web-page established
 - Production of a newsletter for disseminating FM news to family physicians supported
 - Increased involvement in elaborating PHC reform proposals and state health care programs

Performance Evaluation of Newly Trained Family Physicians and Nurses (2008)

- The following were identified as barriers to the effective running of a practice:
 - lack of disease management protocols (85% of participants);
 - Iow motivation due to low reimbursement (95% of participants);
 - lack of family medicine service contracts with the State purchaser (95% of participants);
 - poor facilities (65% of participants);
 - unclear task distribution (62% of physicians;82% of nurses);
 - Poor systems for patient data recording (95% of participants).

Performance Evaluation of Newly Trained Family Physicians and Nurses (2008) cont.

- Although all respondents expressed satisfaction with retraining programs, 30% considered revising the training curricula as necessary.
- Almost half of the physicians reported the need to improve ophthalmoscopy, otoscopy, and ECG interpretation skills.
- Nurses emphasized elderly and emergency care as areas in which they need more training.

What to do next?

- Advocate for improved implementation of evidence-based guidelines and protocols
- Advocate for introducing incentives for preventive care provision
- Advocate for Introducing incentives for performance
- Encourage and support continuous professional development initiatives
- Strengthen national and international professional networks in family medicine
- Advocate for increased involvement of patients in health care
- Revise the role of family medicine practitioners in the light of rapidly developing private health insurance market

What to do next?

And

Continuously advocate for FAMILY MEDICINE